

HELP YOUR CHILDREN HEAL FROM DOMESTIC VIOLENCE



Free Support Groups for Kids and Moms

Have you or your children experienced domestic violence within the past two years? These free support groups are designed to help you heal and move forward.

FOR CHILDREN AGES 6-12

In this group, kids learn to identify complicated emotions, create safety plans, interact with family members/others and build conflict resolution skills.

FOR MOTHERS

Held at the same time as the children's group, this group for moms explores how trauma impacts parenting and how to recognize a trauma response in your children. You'll also develop coping skills and plan for your future.

To register, or for more information, call:

605.338.0116

sheltercounseling@chssd.org

113 N. St. Paul Avenue, Sioux Falls, SD 57103

families
forward

Let the Healing Begin!

The Families Forward group is offered free of charge through Children's Home Shelter for Family Safety.

The next group is on:

Wednesdays 4:30–5:30 p.m.
April 12 – May 31, 2023

Call to register.

**Children's
Home
Society**

OF SOUTH DAKOTA