

# UNDERSTANDING AND IMPLEMENTING A TRAUMA-INFORMED APPROACH

Participants in this series will be able to:

- Identify the four kinds of positive experience that help adults with high ACE scores improve the health and well-being of themselves and their families.
- · Define trauma, understand the difference between stress and trauma.
- · Recognize the impacts of trauma on the brain and body.
- · Identify the impact of ACEs in the workforce.
- Understand how organizations can create protective factors within the workplace to mitigate the impact and transmission of ACEs.
- Explore the four (4) key assumptions, six (6) key principles, and ten (10) domains of implementation for a Trauma-Informed Approach.

PLEASE NOTE: These FREE training events are open to the public. Due to the graphic nature of the topic, it is recommended that children do NOT attend these events.

#### For more information, contact:

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#### Help That Helps

Tuesday, June 8, 2021 12:00pm – 1:00pm MT / 1:00pm – 2:00pm CT

REGISTER HERE

## ACEs in the Workplace

Tuesday, June 15, 20211 12:00pm – 1:00pm MT / 1:00pm – 2:00pm CT

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### Pillars of Trauma-Informed Care

Tuesday, June 22, 2021 2:00pm – 3:00pm MT / 3:00pm – 4:00pm CT

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Please RSVP using the links above.

