



NOVEMBER LEARNING SERIES

TRAUMA-INFORMED CARE

With the holidays and family gatherings coming up, it's a good time to learn about trauma, ACEs and self-care. These free trainings are open to the public and appropriate for parents, foster parents, youth serving organizations, law enforcement, attorneys and other professionals.

- Learn or refresh your knowledge about the pillars of trauma-informed care.
- Find out how and why self-care is an essential component of trauma-informed care.
- Understand what trauma-informed care and self-healing looks like at a community level.

PLEASE NOTE: Due to the graphic nature of the topic, we recommend that children are not present for these training sessions.

For more information, contact:

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Pillars of Trauma-Informed Care

Tuesday, November 2, 2021
12–1:00 pm MT / 1–2:00 pm CT

[REGISTER HERE](#)

Self-Care 101

Tuesday, November 9, 2021
12–1 pm MT / 1–2 pm CT

[REGISTER HERE](#)

Self Care: Strategies for the Holidays

Tuesday, November 16, 2021
12–1 pm MT / 1–2 pm CT

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Understanding ACEs: Building Self-Healing Communities

Tuesday, November 16, 2021
5–7:30 pm MT / 6–8:30 pm CT

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Please RSVP using the links above.

Presented in cooperation by:

