

Triennial Assessment Summary of the Local Wellness Policy

General Information:

School(s) included in the assessment: Loving & Owen Schools

Month and year of current assessment: January 2023

Date of last Local Wellness Policy revision: 04/07/2022

Website address for the wellness policy and/or information on how the public can access a copy:
<https://chssd.org/residential-treatment-and-education/day-school>

Wellness Policy Leadership:

How many times per year does your school wellness team meet? The committee meets periodically throughout the year and makes updates and plans as needed.

Designated School Wellness Coordinator:

Name	Job Title	Email Address
Zachary Wynia	Recreation Coordinator	Zachary.wynia@chssd.org

School Wellness Committee Members:

Name	Job Title	Email Address
Jennifer Stavenger	Nurse Supervisor	Jennifer.stavenger@chssd.org
Karen Heinricy	Food Service Coordinator	Karen.heinricy@chssd.org
Eli Nyberg	Dietician	nyberg@midco.net
Erin Schons	Assistance Director of Schools	Erin.schons@chssd.org
Sarah Crager	Team Coordinator	Sarah.crager@chssd.org

Comparison to Model School Wellness Policies: A comparison to a Model School Wellness policy is required. Keep a copy of the results on file for at least three full school years plus the current year. This will be reviewed during the next administrative review of your school nutrition program.

Indicate the model policy used for comparison:

- ☐ **SD Model Wellness Policy:** A model wellness policy along with a self-checklist to review and update your wellness policy and ensure it meets all requirements are available on the CANS SNP website, (<http://doe.sd.gov/cans/snp.aspx>) under the Program Requirements in the Wellness Policy section.
- ☐ **WellSAT 3.0 example policy:** You may complete the [WellSAT3.0 assessment tool](#) .
- ☐ **Other Model Wellness Policy:** If you choose this option, please specify in the space provided below

Describe how your wellness policy compares to the South Dakota model wellness policy:

Overall, our Wellness policy measures up very well to the SD Wellness Policy requirements. We have specific goals for nutritional education, physical activity, and other school- based activities that promote student wellness while still taking into consideration the environment needed to help our children succeed. We have guidelines laid out to ensure nutritional guidelines are met for breakfast, lunch and snacks served. We also have practices in place to determine the nutritional status of our kids. Our wellness policy is available on our website but we are adding information so parents, teachers, school administrators, etc know that they can contribute to the policy if they so desire.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
The primary goal of nutrition education is to influence students' eating behaviors	X			Dietician comes in monthly to educate kids about different foods: how they are grown, cooking, etc

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
All elementary school students will have at least 20 minutes a day of supervised recess.	X			Recess 3x a week in the gym (outside when possible), as well as daily in the classrooms

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Opportunities for physical activity are regularly incorporated in other subjects	X			Dance is included in music class as well as regular "brain breaks" for younger kids

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Vending machines with beverages will not be available to children with out adult supervision	X			No child has access to pop machines during school hours and with out adult supervision.

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
CHS will comply with USDA regulations	X			Dietitian reviews breakfast, lunch and afternoon snack menus weekly to make sure they meet guidelines

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
N/A- No food sold on campus				

Additional information: